

The Open Stance Fundamental Truths

The natural bottom of every person's swing moves slightly ahead of the ball

The swing flattens to 1) meet the ground further back in the stance and 2) fit a steeper angle of attack the open stance creates

The weight on the feet moves to the leading foot's heel 1) to delay the club-face's closing and 2) to accommodate and counter-balance the release of the club at the leading hinge

The weight on the feet moves to the front heel to create a spine angle away from the target as a counter-balance for the club head's momentum through impact.

The leading arm straightens and posture is maintained to close the distance created by moving weight to the leading heel at impact

The trailing elbow stays on the belt buckle prior to impact due to the room made between the torso and the legs by maintaining posture over the ball and shifting weight to the front heel.

The trailing elbow position maintains wrist hinge until the last moment before impact and the structure created keeps the shoulders from opening and the path from being inconsistent

The "Plane" remains intact through impact due to the trailing elbow staying in position

Ball position moves slightly toward the trailing foot to optimize impact with the flatter swing

Because the hands lead through impact, the club-face strikes the ball with a descending blow – creating spin, and therefore lift

Rotation occurs as a reaction to a well-prepared impact.

Width creates the release of the club.

The wider the swing into impact along the target line, the more the hips rotate open to capture club-head momentum into the finish.

A flat delivery of the club-head along the target line is mitigated and/or optimized by a large muscle-driven torso rotation over the ball to increase an otherwise shallow angle of attack. This creates power and precision by insuring the hands lead through impact along the body line.